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# Makeup For Contact Lens Wearers

Contact lens eliminate the need for spectacles, as they are extremely convenient. However, they also make it equally difficult if the wearer applies makeup. Flakes and makeup particles can easily attach themselves to the lens and cause irritation in the eye.

### **Before or After:**

The first query asked by many users of contact lens is whether they should wear the lens before or after applying makeup. This depends on the power of the lens. If you cannot focus without lens, you will naturally need to wear the lens before applying makeup. However, if you can do without the lens, it is best to wear your lens after applying makeup.

Any of the beauty cosmetics you wear can irritate your eyes. Therefore, be careful when you apply cosmetics.

### **Foundation:**

When you apply makeup foundation in the form of powder, the flakes will enter your eyes. This is especially common when using loose powder. Use pressed foundation if possible, to eliminate the flying particles. While applying the foundation, try to avoid the area close to your eyes.

Choose your makeup foundation carefully, as the powder-cum-foundation products often create a mask-like effect on the face. As long as you pick the right shade and a good quality product, it is safe.

### **General Eye Makeup:**

When you apply eye makeup, you need to be very careful. As far as possible, stick to waterproof products. When you insert the lens, you might experience some burning sensation resulting in watery eyes. Waterproof beauty cosmetics will prevent this. In addition, if the lens dry your eyes by the end of the day, you might need to use a wetting product. Normal eye makeup will not be able to hold up against the liquid. Waterproof makeup, however, will remain steady for the entire day.

### **Mascara:**

Choose your mascara carefully by making sure that it is safe for use by wearers of contact lens and for hypoallergenic person. This will ensure that even if the mascara falls into the eye, you will not have an allergy reaction to it.

In addition, some mascaras use fibers and silicone to increase the volume and length of your lashes. Use these products only when you are not wearing your contact lens. If the particles fall into your eyes, you might experience excruciating pain.

For eye shadow too, stick to either cream or pressed powder products. These beauty cosmetics are less risky than the powdered types. Whichever product you use, make sure that it is safe for use by contact lens wearers.

### **Removing Makeup:**

Finally, before you remove your makeup, remove your lens. Here, make use of damp cotton wool or tissues to carefully remove the makeup so that no fiber can get into the eye.

Contact lens wearers, thus, need not shy away from makeup because of risks, as there are several options to them as well, when it comes to makeup. The difference lies in the base of the product and careful application. As long as the lens wearer takes care while applying the cosmetics, there is no need to be anxious.

For safe beauty cosmetics for your skin, you can visit Sacha [Cosmetics](http://sachacosmetics.com) at sachacosmetics.com

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